## **Bishop Anderson House May Affirmation Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				"I advocate for whole- person care that honors both emotional and spiritual wellness."	"Today, I bring calm presence to chaos and confusion."	"I honor each person's unique path toward healing and wholeness."
4	5	6	7	8	9	10
"My ministry creates safe harbors in storms of uncertainty."	"I celebrate the diverse cultural expressions of faith and resilience."	"Today, I nurture hope in the midst of challenge."	"I trust in the healing power of compassionate presence.	"My spiritual care bridges gaps between fear and faith."	"I remain grounded in love while serving in difficult circumstances."	"Today, I honor both strength and vulnerability in each person."
11	12	13	14	15	16	17
"I honor all forms of nurturing love and caring presence."	"I collaborate with all healthcare team members in service of complete patient care."	"My presence offers peace in moments of turmoil."	"I embrace the holy privilege of walking with others in suffering."	"I embrace mindful presence as a path to deeper understanding and compassion."	"Today, I create spaces where healing stories can emerge."	"I honor the dignity and worth of every person's authentic self."
18	19	20	21	22	23	24
"My ministry flows from a heart of unconditional acceptance."	"I bring light to places of darkness through compassionate presence."	"Today, I nurture spiritual resilience in myself and others."	"I honor the sacred in moments of both joy and sorrow."	"My spiritual care creates bridges of understanding across differences."	"I embrace the wisdom that emerges in shared silence."	"Today, I remain present to the holy in everyday moments."
25	26	27	28	29	30	31
"I trust in the transformative power of authentic spiritual connection."	"I honor the sacred memories of those who have passed and support those who grieve."	"My presence offers comfort in times of uncertainty."	"I create spaces where authentic healing can flourish."	"Today, I nurture hope without diminishing pain."	"I honor the resilience of the human spirit in all its forms."	"My ministry embraces both the questions and the mystery."