

Beside Still Waters: Refreshing Our Bodies, Minds and Spirits



A Retreat for Spiritual Caregivers
led by Deacon Laurie Michaels

Saturday, September 24, 2022

8:30 am—1:30 pm

St. Mary's Episcopal Church

306 S Prospect Ave, Park Ridge, IL

Cost is \$35

Please contact The Rev. Rose Cicero (rose_cicero@rush.edu) with questions.

Registration closes Tuesday, September 20 at 5:00 pm.

This retreat experience offers a gentle invitation to step out of the daily routine for spiritual refreshment and holy conversation, focusing on the themes of healing and wholeness. The day includes Celtic morning prayer, reflections on healing and wholeness, the spiritual practice of Kintsugi, and an opportunity to gather with other spiritual caregivers. Morning refreshments and lunch are included.

Deacon Laurie Michaels was ordained as a vocational deacon in the Diocese of Chicago on Feb 6, 2010. She earned her BS in Languages and Linguistics from Georgetown University in 1974. She received her Registered Nursing Degree in 1981 and her Graduate Certificate in School Nursing in 1996. In May 2020 she received her Certificate in Spiritual Direction. From 2010 through November 2019, Laurie served as deacon at St. Michael's Barrington and currently serves at St. Mary's Episcopal Church in Park Ridge. Her diaconal work in the world involved participating in mission trips to South Sudan and Haiti. She worked part-time for Bishop Anderson House as a hospital chaplain at Stroger Cook County Hospital for 5 years. In addition to her Spiritual Direction practice she is a Retreat Facilitator. Prior to her ordination, Laurie worked for 25 years as a Registered Nurse in a variety of hospital, clinical and school settings. She lived in India for one year and volunteered with local orphanages.



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