Bishop Anderson House Where Health Care Meets the Human Spirit



A Message from Our Campaign Chairs & Executive Director



The Rt. Rev. Charles Palmerston Anderson.

Since our founding in 1948, Bishop Anderson House has been a positive force for patients and their families, as well as for the medical community - especially in the Illinois Medical District.

Through all these years, we have provided training for people who want to know how best to comfort the sick, helped physicians and other members of the medical community understand the very real connection between healing and the human spirit, and served as a beacon of hope for families who are in distress because of a loved one's illness or imminent death.

As society has changed, we have evolved, embracing ecumenism, racial and gender differences, and we are stepping up to serve new communities in spiritual crisis.

Two examples are the HIV+ community - which we have been serving since the AIDS crisis began in the 1980s, and the West Side neighborhoods of Austin and Garfield Park, where we are providing assistance to pastors and their congregants who are seeking ways to prevent or otherwise deal with the gun violence they experience nearly every day.

Bishop Anderson House will continue to live up to our original tenets - as demonstrated by our namesake, Bishop Charles Palmerston Anderson, who believed in the humanistic aspirations of the Social Gospel while we look to ways to bring hope.

We ask your continued support as we plan for an abundant future.

The Rev. Tommy Rogers, BCC *Campaign Chairs* Martha Proctor Gano, DDS Linda M. McMillan

Charles P.A. Frankenthal Katharine F. McMillan Honorary Campaign Chairs Lester E. Frankenthal, III The Rev. Canon George Monroe The Rev. Canon Jay Risk

Canon Miriam U. Hoover, DD The Rev. Canon Trenton Pitcher



What is the Human Spirit? How Does it Interact with Health Care?

The Human Spirit includes our intellect, emotions, fears, passions, and creativity. It is what connects us to the Divine. From the Christian tradition, the human spirit is the very core of a person's being, the essential seat of their existence.

The book of Genesis is a sacred text for Christians, Jews, and Muslims. Genesis 2:7 speaks of two kinds of creation: the creation of mountains and valleys, of solar systems and brain cells - and the creation of the people who give meaning and purpose to the universe they inhabit.

Many patients in the hospital are searching for meaning and value when they experience illness or face a chronic condition. That's where our Spiritual Care Visitors and professional chaplains come in - helping people remember their meaning and value to God and their friends and families.



Executive Director Emeritus The Rev. James Risk visiting a patient at Rush University Medical Center.

Spirituality helps patients get in touch with feelings such as hope, gratitude, forgiveness, awe, inspiration, curiosity and laughter. It doesn't take away from the seriousness of the diagnosis, but allows patients to develop resiliency in the face of difficult life circumstances or trauma.



Bishop Anderson House provides programs in a variety of ways:

- Chaplaincy programs at Stroger Cook County Hospital and other hospitals in the Illinois Medical District;
- Clinical Pastoral Education (CPE) for those who wish to become professional chaplains or deepen their skill-sets as spiritual caregivers;
- Training programs for lay people who wish to become Spiritual Care Visitors.

Spiritual Care Visitors and chaplains from Bishop Anderson House help patients and families examine their core intentions, values, hopes, and commitments. Spiritual Care Visitors and chaplains do this through active listening, prayer, reading sacred scripture, teaching mindfulnessbased stress reduction, or even taking someone for a walk.

The Human Spirit is what keeps people fighting on during sickness or in times of trouble, sometimes against all odds. It is the spark in the eyes of a loved one on life support, the sheer determination that leads a patient back from the brink of death, the refusal to give up when doing physical or occupational therapy.

The Human Spirit is a powerful force, one that can literally breathe life back into someone who is desperately ill or facing adversity. It is that same Human Spirit that helps friends and loved ones cope with the illness or trauma that the person they care for is experiencing.



Executive Director and Board Certified Chaplain The Rev. Tommy Rogers speaks at a chaplaincy conference.



At Bishop Anderson House, spiritual care is not limited to one's religion or faith.



Chaplain Jim Croegaert sings at a memorial service held for Project CONNECT Staff to remember patients they have lost.



Twenty-first century chaplaincy places professional chaplains within the interdisciplinary team where they have a voice alongside doctors, nurses, psychologists, social workers, dietitians, and other care providers.

Bishop Anderson House professional chaplaincy is provided by Chaplain Fellow Paul Goodenough, who supports patients and families in the trauma unit at Stroger Cook County Hospital. Paul is on the front lines supporting patients and families providing a ministry of presence, advocacy, and comfort as families confront some of the hardest times in their lives.

Chaplain Jim Croegaert supports patients and families at Project CONNECT, the inpatient HIV+ unit at Stroger Cook County Hospital. Jim works to help patients access resources within the Illinois Medical District, particularly The Ruth M. Rothstein CORE Center, the Midwest's largest outpatient HIV and Infectious Diseases clinic, serving over 5,000 patients annually.

No matter your faith – Christian, Jewish, Muslim, Buddhist, Shinto - Bishop Anderson House is there to help people who are hospitalized, their family and friends, and their medical caregivers.

All understand - and deal with - the mystery of how the Human Spirit can literally triumph over impending death, or ease the way from this life to the next.

"The mission of Bishop Anderson House is 'Advancing the well-being of individuals and communities'... Chaplain Goodenough embodies that statement to the fullest. He went above and beyond in assisting a family whose loved one was being treated for severe burn injuries at a hospital and later passed away.

The patient was not visually identifiable and with the Chaplain's assistance, our office was able to confirm who the patient was and the family was finally able to lay their loved one to rest and get closure."

Ponni Arunkumar, MD Chief Medical Examiner, Cook County



Chaplain Fellow Paul Goodenough, BCC, at John H. Stroger, Jr. Hospital of Cook County Health and Hospitals System.



Bishop Anderson House offers CPE in conjunction with the ACPE accredited program of Rush University Medical Center. Clinical Pastoral Education (CPE) is education for ministry. It is built upon experiential learning which teaches a student to engage in ministry, step back and reflect on it, and then adjust his/her ministry style based upon feedback from peers and supervisors. CPE is based on the "living human document" - developing a working theology about pain and suffering as students interact with patients and families trying to make sense and meaning out of life's circumstances.

Our Spiritual Care Visitor Training Program has been in existence since 1994. We have trained more that 1,000 lay people (over 600 in the Chicago metropolitan area alone) in the art of spiritual care and how to be a helpful presence to people who need support during chronic illness, hospitalization, or while homebound. In the near future we hope to offer this program in a hybrid format with some live 'in person' sessions as well as through virtual online coursework.

Martha Proctor Gano, DDS; Secretary, Bishop Anderson House Board of Trustees, SCV Graduate & Campaign Co-Chair

"As a Spiritual Care Visitor, I have had my eyes opened, because I realize that loneliness exists in all strata of society: rich or poor, single or from a large family; one can lack the personal connection necessary to thrive. It is a blessing to



engage these individuals and simply be present with them in the act of listening."



Spiritual Care Visitor Training Graduates at Church of the Holy Spirit in Lake Forest, 2014.



Spiritual Care Visitor Training Graduates at St. Andrew's Episcopal Church in 2014



More than any other group of people, deaf and hearing-impaired people suffer from loneliness and isolation. Perhaps the most important thing our ministry provides is an opportunity for them to come together and share life experiences with one another.

Bishop Anderson House provides training and interaction to members of the deaf community throughout Chicagoland, recognizing that for this special population, learning other ways to express themselves besides through sound is extremely important.

We are the only religious organization in the Chicago area to have an association with another non-profit agency that assists deaf, as well as disabled people.

Each year, Bishop Anderson House:

- Trains at least 30 Spiritual Care Visitors
- Visits 2,600 patients at Stroger Cook County Hospital through our professional chaplains





"Bishop Anderson House is a unique institution, its ministry is deep and rich, It changes lives, and I am honored to support it to ensure that it will continue to provide spiritual care in the broken places in life."

The Rev. Canon James L. Risk Executive Director Emeritus, Bishop Anderson House



In our 70 years of service, more than 1,000 people have participated in our training programs, and thousands of congregants and neighbors have had the benefit of our care and outreach



Some of our west side Spiritual Care Visitor Training Graduates in 2017 at Greater St. John Bible Church in Austin.

As a direct result of the increased amount of violence in the greater Chicago area, and especially on the west side, Bishop Anderson House is providing training to pastors and lay people in Spirituality Wellness and Prevention to help them deal with the burden that sudden violence and/or death brings to them and their families and neighbors.



Erin Emery-Tiburcio, PhD, Past–President, Bishop Anderson House Board of Trustees

"I joined the board of Bishop Anderson House because it provides needed support and hope for those who are suffering, The west side of Chicago is suffering enormously from violence, poverty, and lack of needed resources. Providing the Spiritual Care Visitor Training Program to 19 members of west side churches in Austin taught trainees how to actively listen and provide compassion and support for those who are suffering in their communities. They are sharing what they've learned with their families and churches, transforming this community." Bishop Anderson House has been sharing Teddy Bears for over 35 years. *Operation Bear Hug* provides bears primarily to pediatric patients, but even adult patients at Stroger Hospital of Cook County, Rush University Medical Center and the CORE Center appreciate their comfort.

BAH Teddy Bears have also gone to help natural disaster survivors in North Carolina, Louisiana, and all over the state of Illinois. With each bear we send our love, compassion, and companionship to anyone whom the bear will reach.

"The End Is Where We Begin" is a new program helping people clarify their wishes for their medical care as well as end-of-life issues. Although this is a new program, it is already receiving high marks from patients and their families for the sensitive way in which the subject is addressed and the comfort it brings to patients, their families, and their medical caregivers.



Patients, caregivers, and staff alike at The CORE Center warmly welcome the gift of BAH Bears.



70 years of history and leadership in one photo: Three Executive Directors and the inspiration behind it all: (l-r) Jay Risk, Tommy Rogers, Trenton Pitcher in front of Bishop Anderson's portrait.





To Continue Our Far-Reaching and Impactful Work, We Need Your Help

Our goal is to raise *at least* \$1.75 Million over the next three years - through gifts of cash, pledges, and new bequests - to both cover the unfunded portion of each need *and* ensure that our programs will continue for at least another 70 years.

TOTAL UNMET NEED: \$670,000

Endowment Goal: \$1,275,000

For nearly 70 years, Bishop Anderson House has provided solace and comfort to the sick, a sense of peace to the families, inspiration and calm to the medical community, and now, hope to communities in turmoil.

Your gift of cash, a multiple year pledge, or a bequest commitment can help our work continue.

At a time of increased turmoil in the world - no matter your faith - we hope you will join us as we help people through their life journeys. Spiritual Care Visitor Training:4 Year cost:\$563,250Unmet Need:\$350,000Additional Endowment Goal:\$400,000

Bishop James W. Montgomery Chaplaincy at Stroger Cook County Hospital: 4 Year Cost: \$350,000 Unmet Need: \$200,000 Additional Endowment Goal: \$600,000

Chaplaincy for Community Programs: 4 Year Cost: \$135,000Unmet Need: \$75,000Additional Endowment Goal \$100,000

Clinical Pastoral Education: 4 Year Cost: \$25,000Unmet Need: \$10,000Additional Endowment Goal \$75,000

Spirituality, Wellness & Prevention: 4 Year Cost: \$35,000Unmet Need: \$35,000Additional Endowment Goal: \$100,000

Naming opportunities are available for each program and their endowed funds.

Our primary mission: Advancing the well-being of individuals and communities where health care meets the human spirit.



Bishop Anderson House Board of Trustees

Just as society has evolved to become more inclusive, the Bishop Anderson House board has evolved to include representatives from a variety of Christian denominations, as well as other faiths.

The Rev. David Kyllo, President Administrator and Faculty, Volunteer Spiritual Care Visitor Training; Head Pastor, Zion Lutheran Church

> Richard Chandler, Treasurer Retired, IBM

Martha Proctor Gano, Secretary Endodontist; Associate staff Northwestern Memorial Hospital, Graduate of Spiritual Care Visitor Program

Rev. Erin James-Brown, President-Elect Director of Discipleship, Urban Village Church

Erin Emery-Tiburcio, PhD, Past President Associate Professor of Geriatric and Rehabilitation Psychology at Rush UMC

Rev. Mary Altenbaumer, ACPE ACPE Supervisor, Assistant Professor, Rush University College of Health Sciences

> Rev. Beth Collier, BCC Chaplain Manager, AMITA Health Alexian Brothers

The Rev. Katie Hines-Shah Senior Pastor, Redeemer Lutheran Church

Miki Mancine Associate Director of US Medical Education, AbbVie Pharmaceutical Trevor McClain-Duer Senior Manager, Cendrowski Corporate Advisors

> Linda McMillan Retired IT Director, Baxter International

Crystal Plummer Acting Director of Networking, Episcopal Diocese of Chicago

Ann Ryba St. Michael's Episcopal Church

The Rev. John Schumacher, BCC Retired, Rainbow Hospice & Palliative Care

> The Rev. Robert Wyatt Associate Rector, Grace Episcopal Church

INVESTMENT COMMITTEE The Rev. George D. Smith, III, Chair Rector, St. Mark's Episcopal Church

John A. Bross Graduate of Spiritual Care Visitor Training

EX-OFFICIO MEMBERS

The Rt. Rev. Jeffrey Lee Bishop of the Episcopal Diocese of Chicago

Georgianna Gleason Executive Director, Episcopal Charities and Community Services

LIFE TRUSTEES

Lester E. Frankenthal, III Canon Miriam U. Hoover, DD Katharine F. McMillan The Rt. Rev. James W. Montgomery

OUR STAFF

The Rev. Thomas S. Rogers, III, BCC; Executive Director

Paul Goodenough, BCC; Chaplain Fellow

Jim Croegaert, BCC; CORE Center Chaplain

Becky Duggan, Director of Development Ann Ryba, Associate for Networking

The Rev. Laurie Michaels, Adjunct Faculty, SCV Training

The Rev. Canon Trenton Pitcher, Advocate for the Deaf

The Rev. Canon Jay Risk, Executive Director Emeritus





Bishop Anderson House Thanks Our Partners











Church in America











William Blair

Mailing Address: 1653 W. Congress Parkway, Chicago, IL 60612 312.563.4825

Office Address: 707 S Wood Street, Chicago, IL 60612 www.bishopandersonhouse.org